

PMEX UPDATE

BUY	
	CRUDE10-MA26
63.74	1.58%
Expiry	19/Feb/26
Remaining	2 Days
Entry	63.62 - 63.74
Stoploss	63.24
Take Profit	64.24 - 64.56

SELL	
	NGAS1K-FE26
3.1410	-3.15%
Expiry	24/Feb/26
Remaining	7 Days
Entry	3.187 - 3.167
Stoploss	3.28
Take Profit	3.109 - 3.063

SELL	
	GO10Z-AP26
4,954.61	-1.82%
Expiry	27/Mar/26
Remaining	38 Days
Entry	4971 - 4962
Stoploss	5005.93
Take Profit	4931 - 4905

BUY	
	SL10-MA26
74.51	-4.43%
Expiry	25/Feb/26
Remaining	8 Days
Entry	75.48 - 75.74
Stoploss	73.41
Take Profit	76.75 - 77.64

SELL	
	PLATINUM5-AP26
2,009.50	-3.25%
Expiry	27/Mar/26
Remaining	38 Days
Entry	1990 - 1988
Stoploss	2019.83
Take Profit	1974 - 1960

SELL	
	COPPER-MA26
5.7008	-1.76%
Expiry	25/Feb/26
Remaining	8 Days
Entry	5.6786 - 5.671
Stoploss	5.75
Take Profit	5.625 - 5.596

SELL	
	ICOTTON-MA26
61.72	-0.63%
Expiry	19/Feb/26
Remaining	2 Days
Entry	61.85 - 61.79
Stoploss	61.97
Take Profit	61.61 - 61.43

SELL	
	DJ-MA26
49,534	-0.07%
Expiry	19/Mar/26
Remaining	30 Days
Entry	49362 - 49329
Stoploss	49472.71
Take Profit	49163 - 49070

SELL	
	SP500-MA26
6,834	-0.25%
Expiry	19/Mar/26
Remaining	30 Days
Entry	6838 - 6830
Stoploss	6853.62
Take Profit	6810 - 6783

SELL	
	NSDQ100-MA26
24,620	-0.74%
Expiry	19/Mar/26
Remaining	30 Days
Entry	24686 - 24640
Stoploss	24763.10
Take Profit	24452 - 24355

BUY	
	GOLDUSDJPY-MA26
153.17	-0.16%
Expiry	25/Feb/26
Remaining	8 Days
Entry	153.08 - 153.2
Stoploss	152.78
Take Profit	153.55 - 153.75

SELL	
	GOLDEURUSD-MA26
1.1832	-0.17%
Expiry	25/Feb/26
Remaining	8 Days
Entry	1.184 - 1.1831
Stoploss	1.185
Take Profit	1.1811 - 1.1789

Major Headlines

Oil prices edge lower with US-Iran talks in focus

Oil prices fell slightly in holiday-thinned trade on Tuesday, with focus squarely on upcoming negotiations between the U.S. and Iran. Strength in the dollar, before a string of economic and Federal Reserve cues this week, also pressured crude markets. Brent oil futures for April fell 0.3% to \$68.45 a barrel, while West Texas Intermediate crude futures rose 1.1% to \$63.45 a barrel by 21:00 ET (02:00 GMT). The move in WTI futures was skewed by a U.S. holiday on Monday. [see more...](#)

Gold: US-Israel Disagreement Over Iran Could Weigh on Prices

In evaluating gold futures across multiple time frames since the start of the year, amid escalating U.S.-Iran tensions, I observe that Israel appears to encourage the U.S. President to adopt stricter terms. Meanwhile, the agreement reached between the U.S. and Iran on February 6 in Oman now appears to be subject to divergence between the U.S. and Israel. Now, US envoys Steve Witkoff and Jared Kushner [see more...](#)

S&P 500: Rotation Trade Deepens as Value Challenges Mega Cap Run

This daily chart of the S&P 500 from Worden shows the key benchmark in the early stages of getting oversold, but it was more oversold last November '25. The S&P 500 still has not taken out the 7,000 level. Not a shock given the performance of the Mag7 / 10 stocks, and now the outperformance of value across the style boxes. Walmart (NASDAQ:WMT) reports Thursday morning, February 19th, 2026 [see more...](#)

USD/JPY advances on weak Japanese GDP, holiday-thinned trading

USD/JPY trades around 153.60 on Monday at the time of writing, up 0.54% on the day, in a low-liquidity environment due to the closure of several Asian markets for the Lunar New Year and US markets for President's Day. The relative stability of the US Dollar (USD), amid an extended weekend in the United States (US), supports the pair at the start of the week. The US Dollar Index (DXY), which measures [see more...](#)

EUR/USD languishes below 1.1850 following weak Eurozone sentiment data

The Euro (EUR) remains offered against the US Dollar (USD) for the second consecutive day on Tuesday. The pair's recovery attempt from fresh one-week lows at 1.1828 remains capped below the 1.1850 line so far, amid a broader downtrend from 1.1925 highs last week. The downbeat ZEW Economic Sentiment Survey released earlier on Tuesday has failed to support the common currency. [see more...](#)

Forex Today: BoE dovish hold sinks GBP, DXY surges and Gold slips

First, the Bank of England (BoE) delivered a dovish hold, spurring near-term weakness to the British Pound (GBP) as the Monetary Policy Committee voted 5-4 to maintain the Bank Rate at 3.75%, with Governor Andrew Bailey saying "there should be scope for some further easing of policy" later this year.. The European Central Bank (ECB) also maintained the deposit facility rate unchanged at 2% and reiterated that monetary policy is in a "good place." [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
No event scheduled							

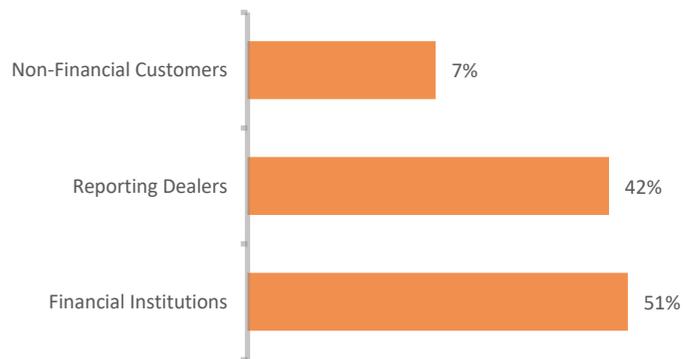
FOREX MARKETS' STATISTICS

Forex Market Hours

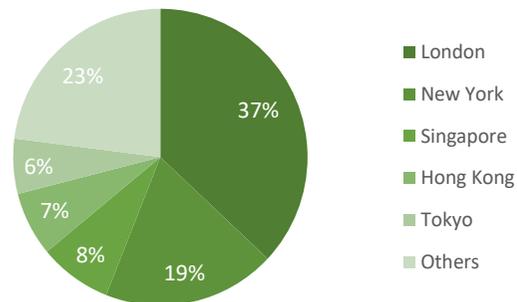


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

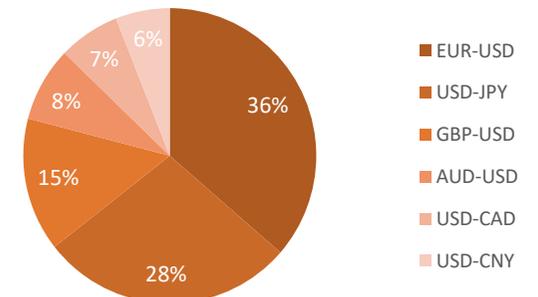
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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